



ATHLETE ANALYZER



Athlete Analyzer is a powerful tool to plan and keep track of training, analyze contests and create efficient collaboration between coaches and judokas. – **Taking your coaching and/or judo to the next level.**

athleteanalyzer.com



COACH

SMARTEN UP YOUR COACHING

Analyze the progress of your judokas

Athlete Analyzer offers in-depth analysis of the progress of your judokas, on both an individual and group level. What are their strengths and weaknesses? Do they share a certain pattern that you can focus on during future training sessions?

Watch match videos and provide high-precision feedback

Watch and analyze your athletes' matches and give the feedback they need. Analyze technical performance in previous matches regarding best scoring techniques, strong and weak periods, direction of throws that result in points, and more. Plan further special training focused on the weaknesses based on the result of the analysis.

Upload match videos directly to Athlete Analyzer

You can upload match videos directly to the Athlete Analyzer. This means you can get access to all your athletes' match videos in your video library, making it easier to watch specific clips and match situations when analyzing your judokas. As well as scouting opponents that one or more of your judokas have sparred against before.

Plan and share individual training programs

Athlete Analyzer training planner makes it possible for you to easily plan your judokas' training and competition schedule. Create an unlimited amount of plans, complete with exercises and workouts, and share them with your judokas. Each exercise can be displayed with link to video.

Follow up and study the details

Get the full picture of your athletes' training. How much do they actually train and what's the distribution between judo, cardio and strength? By letting Athlete Analyzer track your judokas' training you can easily follow how they adhere to their training plans. Analyze the amount of training and break it down into type of exercise and intensity. Analyze missed workouts to reach better adherence to training plans.

Organize your work

Athlete Analyzer helps you organize your coaching work, enabling you to gather all information about your judokas in one place. Workouts, competitions, strengths and weaknesses, progress, match results etc.

Collaborate with other coaches

Collaborate efficiently regarding training, planning and competitions with the fitness coach, physiotherapist and all the other coaches on your team.

Save time

Athlete Analyzer provides you with all the data you need about your judokas without having to manually go through competition reports and training diaries – *giving you more time to focus on your athletes' development.*



JUDOKA

TAKE YOUR JUDO TO THE NEXT LEVEL

Collaborate smoothly with all your coaches

Athlete Analyzer brings you closer to all your coaches. Together you can plan and follow up your training and competitions and, if necessary, quickly and easily implement sudden changes.

Register your training quick and easy

As a devoted judoka you want to focus on your judo and not on tedious paper work. With Athlete Analyzer you can train hard and report what you have done in seconds. Keeping track of your workouts and progress has never been this easy.

Analyze contests and plan your next strategy

Athlete Analyzer helps you analyze your opponents based on previous contests. Find their weaknesses and strengths. As well as your own shortcomings in various match situations. Plan further training based on the result of the analysis. And then create a new game plan.

Upload match videos directly to Athlete Analyzer

You can upload match videos directly to the Athlete Analyzer. This allows you to gather your videos in one place as well as to tag specific match situations, which makes it very easy to file and register these situations. In addition, when analyzing your performance, you can also filter your technique/warnings by clicking on various graphs. Just select the kind of throw you want to study, press play and start analyzing.

Find your strengths and weaknesses

With Athlete Analyzer you get the hard facts about your judo, presented in a clear and straightforward manner. The analyzer exposes your strengths and weaknesses and helps you understand what you need to do in order to take your game to the next level.

